A person wearing a dark winter coat and a white hat stands on a rocky shore, looking out at a sunset over a large body of water. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. The overall mood is serene and contemplative.

Caring Moments: Create Quality Care

Beth Perry RN, PhD

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Moments



Simple Gestures







It's not about
doing great
things.

It's about doing
small things
with great love.

Caution....







**AFFIRMING
MOMENTS**



Affirming Moments

A shared smile.

A caring glance.

A slowed step.

A touch more gentle than it needs to be.

Affirming moments – integrated into the ordinary moments of a nurse's day.

Legacy Moments





Footprints

May I leave
A footprint on
Your heart?

A tiny seal
To permanently
Etch a reminder of
My life on earth.

Dignifying Moments



9:43 PATIENT NUMBER 345/D... TIME
FOR YOUR HUMAN INTERACTION







“It is
sometimes not
what I do,

It is how I do it
that matters.”

(Rose, RN)



The Little Things

The little things
That you say and do

Can protect,
Or destroy,
Your patient's last remaining grains
Of dignity and self-respect.

Touch Creates Meaningful Moments



The Imprint

Your touch.

A gentle brush across
my cheek.

How can something so
faint, so soft, so
subtle,

Leave such an
indelible imprint

On our souls?



Silent Moments





Reflective Silence



Meet my silence with
silence.

Reflect my ways with
your own.

See the me that I am,
Not the me that you want
me to be.

Please just sit with me
And let the silent notes of
the birds' songs
Sing to us.

Individualizing Moments







You

There is only one you.
The sum total of all you have
Done
Seen and
Experienced.

What makes me happy
Is doing what I can to keep you – you.

Humorous Moments





Funny Thing About Laughter



When we laugh
together

It somehow shortens
the distance
between us.

It reduces the space
we occupy,

But it doesn't make it
any more crowded.



Maintaining THE Attitude

When things are going well.

It's easy to keep the rhythm in your step.

The enthusiasm on your face.

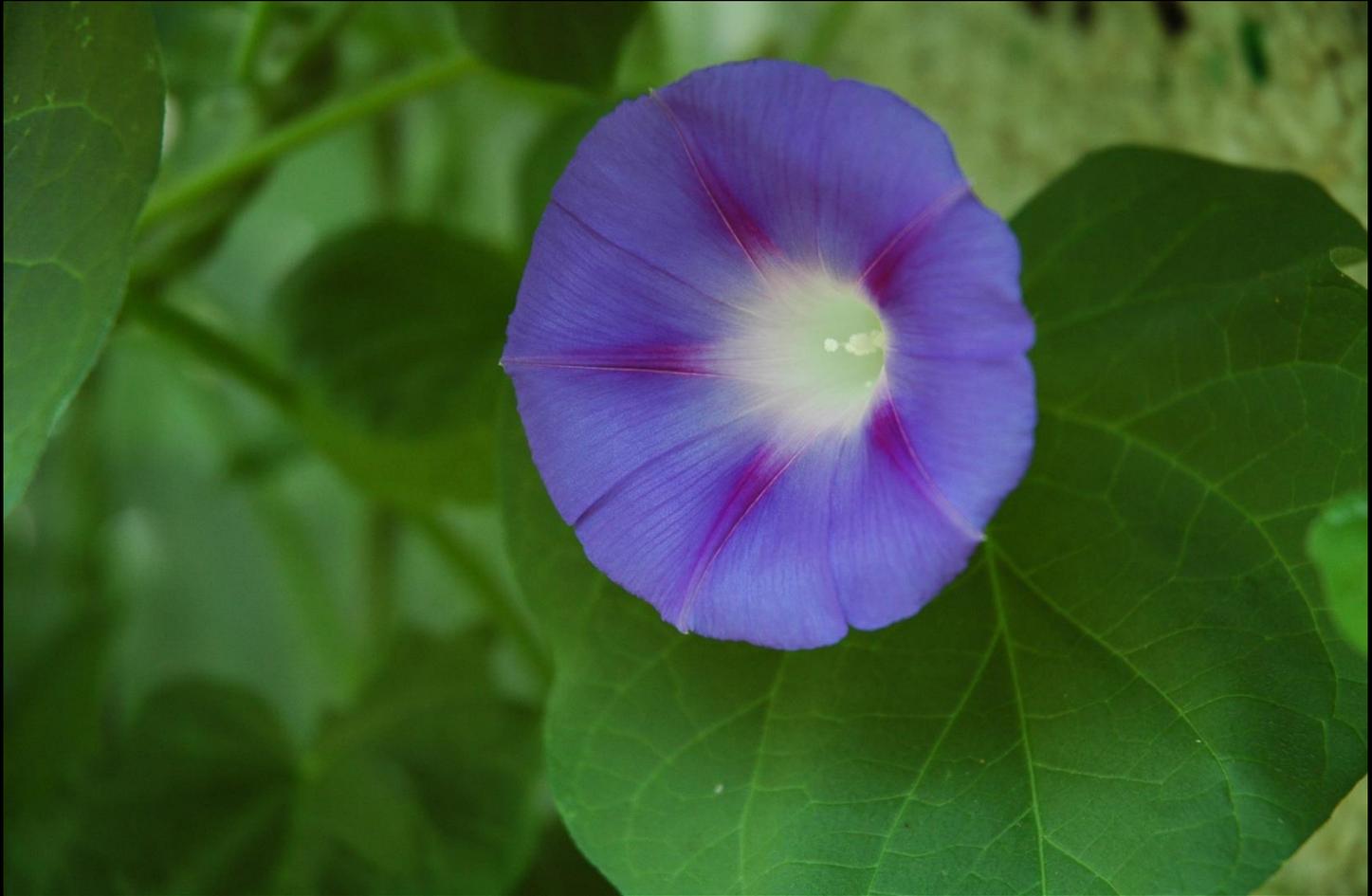
And the shine in your eyes.

When life gets challenging

Ordinary people lose it.

Outstanding nurses don't.

Hopeful Moments







HOPE



HOPE

It cannot be
bought,
Or taught,

But can it be
CAUGHT?

Compassionate Moments





The very definition of compassion...





Creating Moments that Matter by Sharing the Journey





Keeping the
promise to
never
abandon

There is always something
more that can be done





Transcendent Moments









The Miracle Circle

Sometimes,
When I think about
The vastness and complexity of the world,
I am overwhelmed.
I feel so unimportant
So insignificant.

Then
I meet you,
And with a small gesture, lovingly given,
I make you feel valued.

The result is a miracle.
When you feel important,
So do I.

It is so simple. It is so profound.













Caring is
more.....

It is taking a
risk and
helping
someone do
something
they need to
do, but can't
do alone.



Your moments that matter

